

# Indiana State University

2006 - 2007 Administrative Annual Report

College of Health and Human Performance

## Vision Statement

[View/Modify Vision](#)

**The following is your vision statement loaded from previous submissions. Some administrative units, but not all, may wish to revise their vision statements based on the direction of the University toward pre-eminence. If this pertains to you, then please make changes in the box below:**

The College of Health and Human Performance has been an important initiator and contributor to educational experiences at Indiana State University since 1965. The College of Health and Human Performance will: Continue to lead the university's movement toward experimental learning, eminent programs and community and international engagement. Further develop quality learning environments and assessment strategies. Facilitate a contact with alumni, professional and communities to promote national and international opportunities for continuous development. Develop additional local, state, national or international opportunities for scholarship collaboration and publication. Upon fulfilling our vision statement, the college's graduates will continue to be recognized as among the most highly qualified and sought after professionals.

## Year in Review

[Accomplishments](#)

**As you have heard, increasing public awareness of Indiana State University's accomplishments is crucial to building student enrollment, influencing policy makers, and developing a place of pre-eminence in the Midwest. What do you consider to be your department's accomplishments for the 2006-2007 year that will contribute to this effort? [Please list in priority order and limit to no more than 8.]**

1. Third party reimbursement initiative implemented. 2. Program of Promise - Clinical Services. 3. Implementation of new exercise science curriculum 4. Endorsement by NSCA of our exercise science major and strength and conditioning minor. 5. Continued efforts with elite USA hurdlers (Dr. Finch). 6. Weighted Toy study (Robinson, Dr. Ozmun). 7. Development of the Indiana Rural Recreation Development Project. 8. Change in name and focus of Park & Community Recreation Management to Recreation Management and Youth Leadership. 9. Safety Management full accreditation by NAIT 10. Convergence of School Health and Community Health 11. Safety Management master's degree transfer to a web-based format rather than IHETS. 12. Fulbright scholarship awarded to Dr. Boris Blyukher.

[Research and Scholarship](#)

**What is your assessment of accomplishments in the area of research and scholarship that is focused primarily on contributions to practice and discipline-based scholarship? Are you satisfied overall? In which areas do you feel your department does particularly well? In which areas do you feel your department needs to improve?**

Dr Demchak's involvement with assessing the reproducibility and realibility of ultrtrasound wave density from different ultrasound transducers. Dr. Huxel's and Dr. Edwards' research on exercise associated muscle cramps. Dr. Brucker's many different studies on the effects of heating/cold/therapy

on range of motion. Since Physical Education were down to 5 faculty many covering more than usual class loads I am relatively pleased that we managed a decent level of productivity. The RSCM department continues to make strides in scholarship. I am satisfied with the quality of the research accomplished by the department, especially given the impact the Morocco grant and the Cyprus graduate program have had on faculty time. The Department of HSEHS has had faculty pursuing activity in this area such as Dr. Blyukher, Dr. Drabczyk and Dr. Peterson.

### Grants, Contracts & Off Campus Professional Service

**What is your assessment of accomplishments in the area of grants, contracts, and off campus professional service? Are you satisfied overall? In which areas do you feel your department does particularly well? In which areas do you feel your department needs to improve?**

Athletic Training: The majority of our grants are in-kind or direct costs. I would like to encourage our faculty to pursue more extramural funding with allocation of overhead. The AT department does a stellar job of pursuing intramural funding. Physical Education reports: Our extramural funding effectiveness has not been high. When you consider the effort behind program prioritization, the effort devoted to the new college and the severely reduced faculty and increase in loads you cannot be surprised. The new college will need a person devoted to helping faculty improve their submissions and effectiveness. We do well on intramural grants. The Department of RSCM reports: The department continues to make strides in scholarship. The senior faculty, full professors, set the standard for publishing. The strength of the junior faculty is in original research. Senior faculty have national and international reputations and junior faculty are achieving similar reputations. b. I am satisfied with the quality of the research accomplished by the department, especially given the impact the Cyprus graduate program had on faculty time. c. The department does particularly well in pedagogy assessment, risk management in sport, acquisition of knowledge among urban leaders, and sport marketing, and alternative medicine as related to leisure impact. d. I would like to see more investment in grantwriting, but given time constraints of faculty, I don't see this changing in the near future. And finally the Department of HSEHS: Particularly strong in off campus professional service with several assuming leadership roles with professional organizations. Mr. Henderson again secured funding for the Motorcycle Rider Education program. The department struggles with obtaining significant external grants and contracts.

### Teaching

**We would like to highlight innovative approaches to teaching. Has your department developed any pedagogies or practices you'd like to share with us? Please describe briefly.**

Funding to include cadavers into our anatomy instruction, unfortunately we don't have anywhere to keep cadavers. Drs. Hare and Lee have been heavily involved in changing the practice of physical education pedagogy...this is their primary area of scholarship and practice. Dr. Nathan Schaumleffel worked with his RSCM 345 (Community Organizations & Leisure) class and Clay City, IN to develop a park and recreation master plan. The involvement of students brought notoriety to ISU through newspaper articles, enhanced student competencies in working in political environments, and planning process skills, and finally, established a closer working relationship with local communities. With the transformation of our Master's program for Occupational Safety management to a web-based delivery system we have had to adapt a new teaching pedagogy. By exposing students to actual work environments while they are under the supervision of a professor we are able to bring realism to their education that employers have previously found absent.

### Course Scheduling/Enrollment Management

**How is the department making sure that students are able to get the classes they need to graduate in a timely manner?**

Athletic Training reports: Just passed our new undergraduate curriculum which will start in the fall. We are proposing a change in the masters program from 1 year to 2 years. Physical Education reports: This was the biggest challenge with the decreased number of tenure-track faculty. Some holes were addressed with temporary faculty, some by increased assigned workloads and some times professors simply offered small required courses with no remuneration so that students could graduate on time. RCSM states: By timely and effective scheduling of classes and students. Most classes are offered one-time a year. Some 100 and 200 level classes are offered spring and fall. Internship classes are offered every semester. HSEHS states: Care is taken in scheduling process to insure that time conflicts are avoided. Graduate courses are offered via distance education at least once every two years. Core required courses are offered annually.

### Outreach

#### **What are the outreach opportunities for your discipline? (non-traditional modes of delivery and timing, etc)**

Athletic Training Clinicians serving at the high schools, NCAA pre-nationals and nationals, various sporting events within the Wabash Valley and in Indianapolis. Physical Education: We will be able to start thinking of this area again now that we have a larger number of faculty. With the help of Katie Spanuello we have done a much better job of getting media attention for our efforts. Our presence in the local, regional, and national media has multiplied many times. RCSM states: a. Cyprus Graduate Program: The Cyprus graduate program delivered as a 4-week web-based course and a 2-week on-site course. Students actually have more contact time than full-time students at ISU do for a similar course. b. The ISU Field Campus served over 4650 individuals and 160 groups in CY 2006. This included 45 ISU groups and over 108 community, school, and other groups. c. The department is currently working on a distance education graduate program for interscholastic athletic administrators and hopes to unveil it in 2007-2008. Finally HSEHS reports: Currently two programs are offered via distance education, undergraduate Community Health program is eb-based and the Master's degree in Occupational Safety Management are available at night and available anywhere a broadband internet connection exists.

### Assessment

#### **Please share your stated student learning outcomes.**

Primarily pass rates on the NATA certifications exams. Each program has a stated set of goals and objectives specific to that program which are used to drive curriculum, assessment, and iterative change. Student as a learner: the nature of knowing; develop goals for developing needed skills and pursue opportunities for skill development New types of relations with faculty, staff, and fellow students: Actively seek new relationships, join groups for personal and professional development; establish lines of communication - e-mail, internet, and personal visits Emerging knowledge and skills in areas of scholarship, professional practice, and professional-ism; emerging critical thinking skills; becoming an advocate for the values and benefits of learning and practice; demonstrating higher expectations of quality work Student as a learner: the nature of knowing; develop goals for developing needed skills and pursue opportunities for skill development New types of relations with faculty, staff, and fellow students: Actively seek new relationships, join groups for personal and professional development; establish lines of communication - e-mail, internet, and personal visits Emerging knowledge and skills in areas of scholarship, professional practice, and professional-ism; emerging critical thinking skills; becoming an advocate for the values and benefits of learning and practice; demonstrating higher expectations of quality work Role modeling: Professional appearance; professional attitude; self-directed learning behavior; interacting respectfully with peers; discussing ideas openly; assuming leadership and membership roles in organizations; taking

initiative for meeting needs and responsibilities; providing support to peers; effective time management Transformation: bridging the gap between knowledge and professional practice Thinking it - Linking it: making and maintaining connections developing knowledge to effectively address enduring and emerging issues and problems Reflective thinking: developing an awareness of a real Projects (Individual) Decision-making: synthesizing and reflecting upon the Four knowledge, abilities, and skills learned within the major and general education problem and make reflective judgments based on evaluation and integration of existing data into a solution Internship Declarative knowledge: Mastering the facts and concepts of the discipline Group dynamics and collaboration: developing a team work attitude; developing skills that encourage teamwork and collaboration Critical thinking:: constructing knowledge through gathering and synthesizing information and integrating it with the general skills of inquiry Change: recognizing that knowledge is the foundation for successful modifications in the real world Networking: making professional connections Mentoring: assisting new professionals Servant-leadership: leading through facilitating others and providing service Practice: Ongoing practice of learned skills HSEHS states their outcomes are based on the department's mission and the specific programs they offer.

### **Strategic Initiatives**

#### Community Engagement I

**Please summarize your faculty's efforts in community engagement this year.**

As stated earlier most of our research is very applied and almost immediately circulated for practitioner use at state, regional, and national professional meetings. In addition we place graduate students at the three major VIGO County High Schools. Internships Student Teaching Childhood obesity intervention program with YWCA as partner. USA elite hurdler analysis Several health fitness events in which K-12 students are brought on campus to participate or observe physical activities, e.g. climbing wall, martial arts, etc. Provider of K-12 teacher inservice training Several faculty consult for a number of athletic teams, high school, college, and pro The Department faculty is actively engaged in community engagement. Two faculty members serve on the United Way allocations committee panels and have for several years. Two faculty members are actively engaged in NCA accreditation and professional accreditation. One faculty member annually works in an outdoor setting with newly disabled individuals who are camping for the very first time. This intervention may be one of the most important community engagement activities any faculty member is involved in. Other faculty are equally engaged in community engagement activities throughout the community, region, state, nationally, and internationally. The Dept of HSEHS are well-represented in community engagement activities ranging from internships,coops, student teaching to consulting activities for area businesses. Maintaining and fostering relationships with corporate partners allows us to continuously improve our classroom teaching and pursue research responsibilities.

#### Fundraising Activities

**What steps have you taken to support fundraising activities in your department? How can your efforts be supported?**

The university chose not to support the department in these efforts this year and the department did not have sufficient internal resources to address this issue along with other issues. Primarily in the area of scholarships. The College needs a full-time development officer.

### **Quality**

#### Quality

**Please provide 1-2 suggestions to increase the ability of your department or the University to**

**meet the criteria above.**

We need to go to a 2 year graduate program to maintain our quality. We have proposed this change. Decide on the final structure of the department/college and the chairs position. We have now had an interim chair for 2 years. We need to decide on the department structure within the new college. We need to permanentize the leadership, our chair has been acting for 2 years. The college and therefore the department needs a sustained increase in equipment money. Currently H&HP only receives approx. \$30,000 for the college. This is insufficient for even the PE department. The department of HSEHS reported: dept has been operating short-handed for the last few years. The dept faces the loss of 5 full-time faculty in the next 12 months. Relief must be found. This is critical to meet accreditation standards. NAIT recommends 5 full-time faculty for the safety Management degree, we are operating with 2.5 faculty.

Feedback

**This section is to allow you to share your ideas for enhancing enrollment, dealing with budget and other challenges facing the university community.**

We need to come to a decision on delivery of anatomy and physiology on this campus. Student recruitment is an issue at ISU. High School guidance counselors are of little help to our department, they don't know of our majors except for School Health. Our seniors are accepting entry-level positions that pay more than most of the faculty make in the department.