

Indiana State University

2004 - 2005 Academic Annual Report

Department of Physical Education

Year in Review

Accomplishments

As you have heard, increasing public awareness of Indiana State University's accomplishments is crucial to building student enrollment, influencing policy makers, and developing a place of pre-eminence in the Midwest. What do you consider to be your department's 5-10 top accomplishments for the 2004-2005 year that will help contribute to this effort?

1. Completed and had approved for implementation a major revision of the undergraduate Exercise Science program 2. Completed and had approved for implementation new or revised program minors in the areas of Dance, Martial Arts, and Strength and Conditioning 3. Incorporated numerous community engagement opportunities within the department's cornerstone course PE201 4. Incorporated a major community engagement opportunity within the department's Basic Studies course PE101 5. Utilized opportunities within the department's cornerstone course PE201 to teach first-year students skills that will help them be successful their freshman year and facilitate their retention to the sophomore year. 6. Continued professional development plans for junior tenure-track faculty 7. Continued group scheduling meetings to better communicate and inform students during early registration periods 8. Increased the Department's submissions of grant applications 9. Enhanced communication efforts with alumni and emeriti for development purposes 10. Completed the Department of Physical Education's portion of the NCATE report

Research and Scholarship

What is your assessment of accomplishments in the area of research and scholarship? Are you satisfied overall? In which areas do you feel your department does particularly well? In which areas do you feel your department needs to improve?

The IFAR table is inaccurate. The correct totals are as follows: Research and Scholarship Totals: Books and Monographs – 1 Chapters Published/Reviewed – 2 Articles Published/Reviewed – 7 Other Contributions to Published Works – 1 Conference Presentations – 11 Awards – 1 During the 2004-05 academic year the Department of Physical Education faculty was very productive in presenting and publishing their scholarly works. Several presentations were given at regional and national meetings providing the department and the university professionally related visibility and recognition. Several faculty members published manuscripts in prestigious professional journals such as Journal of Strength and Conditioning Research, Journal of Electromyography and Kinesiology, and British Journal of Sports Medicine, Many of these publications represent collaborative efforts by faculty within the department and between departments in the College of HHP. A professional development plan has been implemented with the junior tenure-track faculty to assist them in their scholarship efforts. Collaborative research efforts of junior and senior faculty with the senior faculty serving in a mentoring role have been initiated. Faculty members have also played an instrumental role in the development of research skills with their students. Several presentations during 2004-05 are the result of successfully completed thesis/research projects. In regard to the level of satisfaction with scholarly efforts I believe the department has established a good model of senior faculty publishing and presenting while assisting/mentoring the junior faculty with their research endeavors. During 2004-05 the department has done well with the well-roundedness of publishing books, book chapters, research articles, service articles, and

presenting at regional and national meetings. In regard to areas needing improvement I believe the pursuit of external funding to support research endeavors could be increased.

Grants, Contracts & Off Campus Professional Service

What is your assessment of accomplishments in the area of grants, contracts, and off campus professional service? Are you satisfied overall? In which areas do you feel your department does particularly well? In which areas do you feel your department needs to improve?

During the 2004-05 academic year several of the Physical Education faculty submitted grant applications. What was encouraging was that most of the junior faculty submitted grant applications. In addition, a contractual arrangement was continued with Union Hospital's Midwest Center for Rural Health. This contract assists the Department with covering a graduate assistantship and provides community engagement and experiential learning opportunities. Additionally, Dr. Pat Babington has published a text for the PE101 Basic Studies course and has turned all royalties over to the Department. Subsequently, the PE101 program has become much more self-sufficient. This has freed up departmental resources in a significant way. I am satisfied overall with the increased activity in pursuing grants and contracts. I believe it will become much more of a necessity for our department to continue these development efforts. I believe the Department is beginning to work toward a model for pursuing more self-sufficiency with less reliance on institutional dollars. This approach has worked well with the self-initiated funds produced by Dr. Babington for the PE101 program. These funds have allowed the PE101 program to experience new and creative opportunities for the students taking the course. From a standpoint of improvement I believe it is imperative that each of us within the Department recognize that we have to change the way we view the allocation of resources. With the current fiscal outlook of the state of Indiana I anticipate the Department allocation from Academic Affairs to remain the same or decrease over the next several years. We must explore additional external revenue streams that fit within the mission of the Department.

Best Practices

Describe the progress your unit has made thus far. Were you able to take these steps? What steps or goals have been particularly difficult to achieve and why? What practices, actions, initiatives are you doing that could be considered eminent?

Of the three best practices listed two have been implemented while the third has not been implemented due to limited resources. We were unable to initiate best practice 1 due to lack of available resources. Best practice 2 has been successfully implemented and remains a practice we will continue to incorporate. Best practice 3 has been successfully implemented through the resources acquired from faculty grants awarded.

Student Credit Hours

What did you learn? What steps will you take during 2004-05 to meet your department's student credit hour target by fall 2005?

The total SCH production for fall 2004 was 3923, which is 246 less than the previous fall semester. This was due to a budget cut that required the department to cancel several sections of courses. Regardless the department still met the SCH target established several years ago. I anticipate continuing with the current strategies due to the success we have experienced meeting the targets established for our department.

Budget

Identify and describe any collaborative efforts that have been undertaken by your department

with other academic or administrative units to maximize resources to meet departmental goals. Please also consider collaborative opportunities with external partners.

Our undergraduate and graduate majors take required courses from the Departments of Athletic Training, Recreation and Sport Management, and Health, Safety and Environmental Health Sciences. In turn those departments have their students take required courses from our programs. This reduces the need for additional faculty in certain areas of expertise. In regard to external partners, our majors receive numerous experiential learning opportunities through practical experiences within the Vigo County School Corporation and numerous internship sites. These experiences are at no cost to the Department except for travel expenses incurred by supervising faculty.

Outreach

What are the outreach opportunities for your discipline? (non-traditional modes of delivery and timing, etc)

During the 2004-05 academic year the Department has offered PE101 as a web-based course to assist distance education students in general and Degree Link students in particular. We are exploring the offering of web-based coursework for our graduate Teacher Education program.

Assessment

For each program in the department, provide one or two examples of how the program is using assessment and evaluation (student outcomes, program review, and/or accreditation) to enhance student learning and program strength this year.

Undergraduate Teacher Education Program: At the end of each semester the department has conducted exit interviews from undergraduates who have just completed their student teaching experiences. Feedback from these interviews has prompted some modifications in scheduling courses to better meet the needs of our students. Undergraduate Sports Studies Program: Through alumni surveys, student feedback, and an extensive external review process the Department has completed a major revision of this program. The new revision will be implemented fall 2005. Graduate Physical Education: We are gathering data through a variety of means in anticipation of our graduate program review scheduled for 2005-06.

Strategic Initiatives

Development Activities

What steps have you taken to support development activities in your department? How can your efforts be supported?

The Department works closely with the College of HHP Development Officer on a variety of initiatives related to fund raising and establishing and maintaining contact with alumni, emeriti, and other interested parties. In addition, the Department has established the following revenue streams: Ø Royalties from PE101 text Ø Revenues from instructional ballroom dance video Ø Relationship with Midwest Center for Rural Health New sources of revenue to be explored include the following: Ø Contractual agreement with Ivy Tech to teach PE101 Ø Incorporating PE101 in the College Challenge program in a way that is mutual beneficial to all parties Ø Establish a fitness assessment program for external partners (i.e. Union Hospital, Regional Hospital, fitness centers, etc.) Ø Establish a fitness assessment program for ISU faculty and staff Ø Establish an annual student majors club fund raising effort

Experiential Learning

Please provide examples of experiential learning in which your department was engaged in 2004-2005.

The Department's undergraduate Teacher Education program requires four different practicum experiences in the school systems prior to the student's student teaching experience. In addition, the Department organized a field day at ISU for approximately 400 elementary school children. Our undergraduate Sport Studies majors and several of our graduate students engage in experiential learning through their internships. Other graduate students engage in experiential learning through their efforts conducting a thesis or research project.

Future Goals

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The University is highlighting experiential learning, community engagement, and eminent programs as aspects of our campus that will attract students and resources. How is your department planning to contribute to these strategic initiatives in ways that will help ISU be recognized as a Pre-eminent University?

It is my belief that the Department of Physical Education contributes to the strategic initiatives of community engagement and experiential learning in a significant way. We intent to continue these efforts, as well as provide new and expansive opportunities when they meet the mission of our department. We believe our Teacher Education program has an outstanding reputation across the state of Indiana and contributes to the outstanding reputation held by ISU's School of Education. In addition, we believe the major revision of the undergraduate Exercise Science program will represent a very strong and appealing program for interested students. Our PE101 program will continue to provide community engagement opportunities that blend well with the curriculum.