

**Indiana State University  
Community Engagement Activities  
Department Annual Report  
2007**

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Project Name:

CARE Initiative: In-School Component-Rape and Sexual Assault Prevention

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**Description**

Regional workshops were conducted for middle school and high school teachers, giving them instructional skills and techniques through the use of the CARE Curriculum Guide that enable them to teach students about the reality of sexual assault and rape.

**How do you see community engagement activities fitting in with your department in the future?**

These workshops are conducted within communities throughout the state. By teaching students this curriculum all over Indiana, increased awareness and changed attitudes will result in a decrease in the incidence of sexual assault & rape in communities.

**What do you feel has been the impact of the project?**

An increased awareness and change of attitudes of students regarding the dangers of sexual assault and rape. Use of the CARE Curriculum in 06-07 impacted over 10, 854 middle/highschool students.

**Faculty involved with students in this project outside of class**

Dr. Frederica Kramer

**Who from the community is involved?**

Local CARE community groups, law enforcement agencies, regional middle school, high school teachers, coaches, administrators and school nurses.

**Who from ISU is involved?**

One faculty member (Dr. Frederica Kramer), one staff member (Meredith Baldwin), one graduate assistant (Amy Johnson)

<b>Number of Students</b>	<b>Where it takes/took place</b>	<b>Is this activity ongoing</b>
Approximately 140 ISU	Evansville, IN Crawfordsville, IN	Yes

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Project Name:

Study Abroad: Apicius Culinary Institute

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**Description**

March 5-14, 2007: 28 students traveled to Florence, Italy to study at the Apicius Culinary Institute and to see and learn about the culture of Tuscany.

**How do you see community engagement activities fitting in with your department in the future?**

The study abroad is an annual trip.

**What do you feel has been the impact of the project?**

First generation college students had to opportunity to travel abroad and experience all of the benefits associated with such a trip.

**Faculty involved with students in this project outside of class**

Dr. Frederica Kramer, Betsy Hine, Head of Cataloging.

**Who from the community is involved?**

Alumni, and friends of FCS/ISU. Also, a formal partnership with the Apicius Culinary Institute in Florence has been ongoing.

**Who from ISU is involved?**

Dr. Frederica Kramer, Betsy Hine and students and alums from ISU.

Number of Students	Where it takes/took place	Is this activity ongoing
28	Florence, Italy	Yes

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Project Name:

Community Nutrition Needs Assessment Intervention/Program, Fall

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**Description**

Students from the FCS 622 Community Nutrition class found a target group and agency in which they were interested out in the community (Terre Haute), and a contact person with which to work. Working with the contact person the students identified a need or problem and then planned an intervention or program for the selected target group. Students also wrote a mock grant for their intervention or program. The intervention or program may or may not have been instituted by the contact person and agency.

**How do you see community engagement activities fitting in with your department in the future?**

Community Engagement is a critical and necessary part of the Family and Consumer Sciences Departments Curriculum.

**What do you feel has been the impact of the project?**

Real world experience for the students, and viable, free, well planned interventions and programs for the agencies if they choose to institute them.

**Faculty involved with students in this project outside of class**

Lynn Duerr, Ph.D., RD, CD

**Who from the community is involved?**

Regional Hospital's Staff (food Service and other assorted department's) and a variety of other agencies/organizations with offices or contacts in Terre Haute (e.g.) Union Hospital, Cancer Society, American Heart Association)

**Who from ISU is involved?**

The graduate students in FCS 622 Community Nutrition

Number of Students	Where it takes/took place	Is this activity ongoing
5	Regional Hospital and other community agencies	Yes

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Project Name:  
Matter and Motion

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**Description**

Students from the FCS 325 Nutritional Assessment Practicum class planned and implemented nutrition assessment related activities that were fun for the participants of Matter and Motion.

**How do you see community engagement activities fitting in with your department in the future?**

Community Engagement is a critical and necessary part of the Family and Consumer Sciences Departments curriculum.

**What do you feel has been the impact of the project?**

The educating of a large number of the general public about nutritional health and wellness issues. Also, since we had a table skirt that bore the name of ISU, marketing of our dietetics program.

**Faculty involved with students in this project outside of class**

Lynn Duerr, Ph.D., RD, CD

**Who from the community is involved?**

Hundreds of community participants (from infants to older adults); the totals continue to increase every year.

**Who from ISU is involved?**

FCS 325 Nutritional Assessment Practicum students

Number of Students	Where it takes/took place	Is this activity ongoing
12	Ivy Tech Campus (Terre Haute)	Yes

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Project Name:

Vigo County Heald Start:Child Wellness Assessment

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**Description**

Students from the FCS 325 Nutritional Assessment Practicum class take heights and weights of the Vigo County Head Start children

**How do you see community engagement activities fitting in with your department in the future?**

Community Engagement is a critical and necessary part of the Family and Consumer Sciences Departments curriculum

**What do you feel has been the impact of the project?**

The students learn/practice how to take heights and weights of children and how to plot them on growth charts. Head Start uses this data for their ongoing reports.

**Faculty involved with students in this project outside of class**

Lynn Duerr, Ph.D., RD, CD

**Who from the community is involved?**

Vigo County Head Start participants.

**Who from ISU is involved?**

FCS 325 Nutritional Assessment Practicum students

<b>Number of Students</b>	<b>Where it takes/took place</b>	<b>Is this activity ongoing</b>
12	Vigo County Head Start	Yes

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Project Name:

Clabber Girl Leavening Agent Assessment

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**Description**

At the request of the Clabber Girl Business: Directed food science students (undergraduate and graduate) to do six weeks of testing of Clabber Girl evaluating new leavening agents they are developing for the market

**How do you see community engagement activities fitting in with your department in the future?**

Community Engagement is a critical and necessary part of the Family and Consumer Sciences Departments curriculum.

**What do you feel has been the impact of the project?**

Allowed a non-biased evaluation of a new product Clabber Girl is wanting to market. Students saw what is necessary for a large company to bring a new product on line for consumers.

**Faculty involved with students in this project outside of class**

Dr. Sarah Hawkins, Dr. Frederica Kramer

**Who from the community is involved?**

Clabber Girl Company officials, particularly their new chemical engineer.

**Who from ISU is involved?**

Dr. Sarah Hawkins, Dr. Frederica Kramer and students from FCS 428/528

<b>Number of Students</b>	<b>Where it takes/took place</b>	<b>Is this activity ongoing</b>
15	FCS Nutrition and Foods Laboratory, FCS 105	Yes

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Project Name:

Developing A Community Parent Assessment Tool for the Use in the Wabash Valley

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**Description**

HDFS and Social Work faculty development a parenting needs assessment in collaboration with Friends of Families, a non-profit agency serving the Wabash Valley. The tool was piloted in Spring '07.

**How do you see community engagement activities fitting in with your department in the future?**

Very positive experience for students (self-reported), will seek to partner with other agencies in the future.

**What do you feel has been the impact of the project?**

Enthusiastically received by Friends of Families, has been shared around the state of Indiana, authors are seeking copyright.

**Faculty involved with students in this project outside of class**

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**Who from the community is involved?**

Nyala Bolen, Director of Friends of Families

**Who from ISU is involved?**

Linda Behrendt, Peggy Weber

Number of Students	Where it takes/took place	Is this activity ongoing
3	Friends of Families and in client homes in Vigo Co	No

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Project Name:  
World Food Day Telecast

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**Description**

The Family and Consumer Sciences Department, Food and Nutrition Area hosted the annual World Food Day telecast on hunger. The telecast was open to all ISU faculty, staff, students, and members of the Terre Haute community and surrounding areas. Students assisted with planning, manned the registration tables, and helped with general operations during the telecast.

**How do you see community engagement activities fitting in with your department in the future?**

Community Engagement is a critical and necessary part of the Family and Consumer Sciences Departments curriculum.

**What do you feel has been the impact of the project?**

An increased awareness of hunger throughout the world (telecast) and within Terre Haute. Also, ways to address these issues in a variety of situations. Students that participated in the planning learned about coordination of an acceptable program.

**Faculty involved with students in this project outside of class**

Lynn Duerr, Ph.D., RD, CF

**Who from the community is involved?**

The US National Committee for World Food Day; any attendees from the Terre Haute community; and involved Catholic Charities who received the food donations from the participants.

**Who from ISU is involved?**

Students, faculty and staff

Number of Students	Where it takes/took place	Is this activity ongoing
22	Indiana State University, Dede III	Yes



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Project Name:

Free Diet and Weight Management Workshops for ISU Employees Assistance Program

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**Description**

Dr. Rao Ivaturi and his dietetics students were available on a one-on-one basis to assist faculty and staff with issues related to diet and weight management. There were two sessions available and each session was limited to 12 participants. Individuals had an hour to discuss ways to improve on their diet that best addressed sustainable eating behavior. In addition, BMI, ideal body weight and daily energy requirements will be calculated and a plan to achieve a goal weight was addressed.

**How do you see community engagement activities fitting in with your department in the future?**

An integral part of the mission of FCS

**What do you feel has been the impact of the project?**

Increased awareness of overall health status of ISU employees which in turn relates to productivity.

**Faculty involved with students in this project outside of class**

Dr. Rao Ivaturi, Mindy Greenwell, Employee Assistance Program.

**Who from the community is involved?**

only the ISU community

**Who from ISU is involved?**

All faculty and staff were invited.

Number of Students	Where it takes/took place	Is this activity ongoing
15	FCS Building Room 105	Yes

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Project Name:

Senior Interior Design Thesis Project

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**Description**

Each senior Interior Design student must research an actual design project in the city of Terre Haute or in Indiana. Each senior must work with a mentor from the business or institution and apply all of the elements of design for an actual solution to the design project. A final presentation with design solutions complete is given to the business or institution for the senior presentations at the end of the Spring Semester.

**How do you see community engagement activities fitting in with your department in the future?**

An integral part of Interior Design Curriculum.

**What do you feel has been the impact of the project?**

Students worked as actual Interior Designers benefitting each student and business received new, innovative ideas for this project.

**Faculty involved with students in this project outside of class**

Mary Sterling

**Who from the community is involved?**

The actual business/agency or institution mentor for each project. This past year included: Indiana Theater Renovation, Representative from Chicago Madison Hotel, Nector Dix Restaurant, Pesto and Bil Restaurant, Scott's Residence, Blush Restaurant/Pian

**Who from ISU is involved?**

Mary Sterling, Interior Design Coordinator, Interior Design Senior Students

Number of Students	Where it takes/took place	Is this activity ongoing
8	On site and ID Studio, FCS 101	Yes

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Project Name:

Habitat for Humanity Construction

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**Description**

Interior Design students each contributed 10 hours for a total of 100 hours for the Habitat for Humanity Project in West Terre Haute, IN as part of FCS 260 course work.

**How do you see community engagement activities fitting in with your department in the future?**

An integral part of the Interior Design Curriculum.

**What do you feel has been the impact of the project?**

Students who worked have a better appreciation and knowledge of home construction and community service.

**Faculty involved with students in this project outside of class**

Mary Sterling and Jonathan Trapp

**Who from the community is involved?**

Habitat for Humanity

**Who from ISU is involved?**

Mary Sterling and Jonathan Trapp, Interior Design Faculty

Number of Students	Where it takes/took place	Is this activity ongoing
10	West Terre Haute, Habitat Site	Yes

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Project Name:

First Baptist Church Dinners

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**Description**

As part of the FCS 333 Quantity Food Preparation course, the students must work with an institution from the Wabash Valley. They must research, plan, purchases, prepare, serve and clean up a major meal for over 100 persons. Each student must have the responsibility of being the Manager for the event.

**How do you see community engagement activities fitting in with your department in the future?**

Required for Food and Nutrition/Dietetics Curriculum

**What do you feel has been the impact of the project?**

Students receive actual quantity food production at every phase of the operation. The church participants receive the benefits of the relationship w/ the students and enjoy nutritious meals.

**Faculty involved with students in this project outside of class**

Carol Reed

**Who from the community is involved?**

First Baptist Church, East Poplar Street, Terre Haute

**Who from ISU is involved?**

Carol Reed, RD, Director of the Coordinated Program in Dietetics

Number of Students	Where it takes/took place	Is this activity ongoing
16	First Baptist Church	Yes

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Project Name:

Health Care Facility Assessments

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**Description**

At six health care facilities the Dietetics students perform individual assessments, instructions, group classes on heart and diabetes health, staff inservices.

**How do you see community engagement activities fitting in with your department in the future?**

Must be a part of Dietetics curriculum

**What do you feel has been the impact of the project?**

Students have hands-on experience with clients and facilitators

**Faculty involved with students in this project outside of class**

Carol Reed

**Who from the community is involved?**

Union Hospital, Regional Hospital, Southwood Rehab, Health South Rehab, Sullivan County Community Hospital, Good Samaritan Hospital-Vincennes

**Who from ISU is involved?**

Carol Reed, Director, Coordinated Program in Dietetics

Number of Students	Where it takes/took place	Is this activity ongoing
12	Sites mentioned above	Yes