

## Coaching Program Outcomes

At completion of the coaching program, the student will be able to...

1. Develop an athlete-centered coaching philosophy.
2. Demonstrate ethical conduct.
3. Practice appropriate sport safety and injury prevention procedures.
4. Apply knowledge and principles to train and physically prepare athletes.
5. Create an effective learning environment that is appropriate to the age and skill level of their athletes.
6. Effectively integrate principles within sport and exercise psychology to enhance the sport experience.
7. Demonstrate knowledge related to the overall administration of the sport program.
8. Implement evaluation strategies to assess the season's goals and objectives.