The Pathway To Success

INITIATIVE BENCHMARK SHEET

Initiative Name: Create a Comprehensive Wellness Program

Goal #: 1 Init #: 7

Goal	Initiative	Impact / Importance to Goal(s)	FY 2013	FY 2014	FY 2015	FY 2016A	FY 2016G	FY 2017
1	5	Enhance Graduate Education at ISU through providing programs to reduce impediments to academic performance						
1	12	This program enhances co-curricular opportunities by giving students a different focus of programming and by allowing them to participate as developers or facilitators as well.						
1	11D	Persistence to completion required the development of resiliency and removal of impediments to degree completion, which these programs address.						
2	1A	Student Health Promotion assists in creating experiential learning programs by offering mini-grants as well as opportunities for training in community health programming						

Initiative Benchmarks	FY 2013	FY 2014	FY 2015	FY 2016A	FY 2016G	FY 2017
Reduce Students'						
Academic impact of stress -	68%	67%	TBC	63%		
Academic impact of sleep difficulty	38%	43%	TBC	38%		
Academic impact of anxiety	48%	48%	TBC	46%		
Academic impact of Cold/flu/sore throat	33%	33%	TBC	32%		
Substance Abuse	38%	37.7%	TBC	34%		
High-risk drinking	44.1%	44%	TBC	42\$		
Alcohol incidents during homecoming						





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Goal	Initiative	Impact / Importance to Goal(s)	FY 2013	FY 2014	FY 2015	FY 2016A	FY 2016G	FY 2017
1	7	The goal is to increase the percentage of students who do the behaviors below to create healthier and more well-balanced individuals						
		These initiatives below were new to the plan last year, therefore there is no current data.						

Initiative Benchmarks	FY 2013	FY 2014	FY 2015	FY 2016A	FY 2016G	FY 2017
Increase % of Students in						
Violence prevention education		1.7%	TBC			
Suicide prevention education			TBC			
Alcohol education prevention		1.7%	TBC			
Exercise participation			TBC			
Receiving on campus influenza vaccines			TBC			
			TBC			

